



Help at Home- EYFS



Target	Ideas to try:
Count reliably with numbers from 1 to 20.	<ul style="list-style-type: none">• Count the stairs as you walk up them.• When shopping, count items into the basket.• Number plate hunt: Who can find a 7?• Simple activities like letting your child set the table for dinner can help develop counting skills, e.g. getting out three spoons.• Enjoy stories and rhymes with your child that has a mathematical element, e.g. "One-two, Buckle my Shoe."• When reading, count items in the books, e.g. how many animals are on this page?
Find one more than a given number up to 20.	<ul style="list-style-type: none">• Take turns counting.• When shopping, ask your child to add one more.• Roll a dice or pick a card, then ask your child to find one more.• Make towers using lego, ask your child to add one more brick to the tower.
Find one less than a given number up to 20.	<ul style="list-style-type: none">• Practise counting back. A good way to practise this is pretending to be the countdown for a rocket blasting off.• Practise singing songs that involve counting back, for example 'ten green bottles'.• Practise using a number line to count back.
Use objects to add two single-digit numbers.	<ul style="list-style-type: none">• Use a real life context with practical objects to develop this skill, for example: we need 4 forks and 4 knives.• Use dominoes to help with this skills, allowing your child to count the dots to add the two numbers together.
Use objects to subtract two single-digit numbers.	<ul style="list-style-type: none">• Practise singing songs that involve counting back, for example '5 speckled frogs'.• Give your child a range of objects, ask them to find one or two less etc.
Know the names of 2-d shapes and use mathematical language to describe them.	<ul style="list-style-type: none">• Shape hunt: Can you find a square in your house? (windows etc.), a circle?• Ask your child to draw a picture including different shapes.
Know the names of 3-d shapes and use mathematical language to describe them.	<ul style="list-style-type: none">• Use play dough to make different shapes.• Look for shapes in the environment.