



## **ALDERMAN JACOBS PRIMARY SCHOOL (ACADEMY TRUST)**

### **ASTHMA PROTOCOL**

At Alderman Jacobs Primary School we are totally committed to improving life chances for potentially vulnerable children.

Asthma is a condition affecting many school children. These children should participate fully in all aspects of school life and have access to their reliever inhaler as and when they require it. Records of children with asthma and their medication should be kept. The school has a large number of first aid trained and support staff who know what to do in the event of an attack.

#### **Procedures**

1. On entering the school the parents/carers of a child who suffers from asthma will complete a form regarding the child's medication.
2. With parents/guardians signed permission KS2 children are allowed to carry and be responsible for their own inhalers, in addition or alternatively they may bring an inhaler for which school will provide a box in each classroom for their safe keeping. KS1 children will keep their inhalers in the classroom box at all times. Children can obtain access to this box.
3. Any irregularities or concerns over the use of inhalers will be reported to Mrs Wright who will contact parents/carers or the school.
4. Asthma training sessions for staff will be presented by the school nurse.

#### **What to do in the event of an asthma attack**

##### **Signs of an attack**

Coughing

Being short of breath

Wheezy breathing

Feeling of tight chest

Being unusually quiet

### What you should do

Keep calm - do not panic

Make sure patient takes two puffs of reliever inhaler

Loosen tight clothing

Reassure them

**Don't** - hug or lie them down as this will restrict breathing.

**Listen** - to what they say i.e "I have had attacks before".

**Reliever** medication is very safe, during an attack do not worry about overdosing.

### If no improvement

During the attack, continue to use the inhaler every minute for 5 minutes or until symptoms improve. If there is no improvement in 5 - 10 minutes, they are too breathless or exhausted to talk or their lips are blue - **call 999 or a doctor urgently.**

Updated		Ratified		Review Frequency	Next Review Date	Signed by	
By	Date	By	Date			Head	Chair
Abi Shepherd	March 2015	Achievement Sub-committee	June 2015	3 Years	Summer 2018		<i>W Allend</i>