

# Week Three Menu

Served weeks commencing: 16/9, 7/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham, Cheese & Tomato Pizza Served with Potato Wedges	Cottage Pie Minced Beef and Onions topped with Mash Potatoes	Roast Chicken Served with Roast Potatoes Vegetables & Gravy	Sausage & Tomato Pasta	Fish Fingers Served with Chips
VEGETARIAN	Cheese & Tomato Pizza Served with Potato Wedges	Vegetarian Cottage Pie	Vegetarian Mince Cobbler Served with Roast Potatoes Vegetables	Vegetarian Sausage & Tomato Pasta	Vegetable Nuggets Served with Chips
JACKET POTATO / PASTA DISH	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans
SANDWICH	Sandwich with your choice of filling Ham/ Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham/ Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham/ Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham/ Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham/ Cheese / Tuna Mayonnaise
DESSERTS	Chocolate Sponge Served with Custard	Sultana & Oat Cookie	Banana Cake	Chocolate Orange Shortbread	Fresh Fruity Friday

## AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

