

Alderman Jacobs School

Healthy Schools Award: Impact Statement

The Healthy Schools Award is a respected accreditation that recognises schools taking a whole school approach to promoting health, wellbeing and resilience for student, staff and the wider community. Achieving this award shows that a school has embedded health and wellbeing into every part of school life, from leadership and policies to the learning environment and links with families.

Key Impacts

Empowering Young People:

Student leadership is central to life at Alderman Jacobs School. From sports leaders and class ambassadors to tuck shop managers and play leaders, students take on meaningful roles that build confidence, responsibility and influence. Regular discussions and consultations ensure that every child feels heard, valued and able to make a difference.

Mental Health and Wellbeing:

Wellbeing is a top priority at Alderman Jacobs School. Children know where to turn for support with trained staff, ELSA practitioners and a dedicated Mental Health Lead. Mindfulness kits and a chill out space help students manage their emotions positively, whilst links with external services provide extra guidance for staff and families.

Active Lifestyles and Physical Activity:

Physical activity is part of everyday life. Breaktime games, movement based learning, after school clubs, trips and playground equipment give pupils students plenty of opportunities to be active and enjoy exercise. The school also encourages active travel, supporting healthy habits beyond the classroom.

Healthy Eating and Food Education:

Alderman Jacobs promotes healthy eating in creative and inclusive ways. Catering meets School Food Standards and the student run tuck shop encourages nutritious choices and practical life skills. Whole school events and national campaigns inspire students to try new foods and take what they learn home.

Community and Family Engagement:

Parents and carers are valued partners in promoting healthy lifestyles. Newsletters, social media, playground conversations and practical resources keep families informed and involved. Family events and themed days bring the community together, and parental feedback helps shape new initiatives.

Staff Wellbeing and Inclusion:

Staff wellbeing is a clear priority at Alderman Jacobs with wellbeing weeks, open leadership and opportunities for feedback supporting a positive culture. Equality, diversity and inclusion are central to school life, reflected in staff training, the curriculum and displays around the school ensuring all students and staff feel supported and represented.

Summary

Alderman Jacobs School has shown a strong and sustained commitment to the health, wellbeing and resilience of its community. Students are confident, active and informed, staff are supported and valued, and families are engaged and involved. The Healthy Schools Award celebrates the school's achievements and the culture it has created, where everyone can thrive in a safe, inclusive and inspiring environment.

