

# ALDERMAN JACOBS SCHOOL PE AND SCHOOL SPORTS NEWSLETTER APRIL 2018



## Great Britain Badminton Player Elizabeth Cann visits AJS.

On Friday 19th January, AJS had a visit from the Great Britain Badminton Player Elizabeth Cann. The day started with each class taking part in a fun-based physical exercise circuit. Elizabeth motivated and encouraged the children through the sponsored fitness circuit which included; press ups, leg drives, star jumps and spotty dogs. The classes encouraged each other to complete the circuits, cheering along to the music and counting down the time. Once all children had completed the circuit Elizabeth gave an inspirational assembly talking through the journey she followed to become a Commonwealth Games medal winner. The children now collected their sponsorship money and the money raised will buy new PE and Games equipment for the school. TOTAL RAISED - £3137.67



## Competitions and Events children have attended

### Year 5/6 Whittlesey Schools Cross Country

On Friday 2<sup>nd</sup> February, AJS took 24 Year 5/6 children to a Cross Country Competition at Sir Harry Smith Community College. The Competition involved the children running in either an individual boy's or girl's event or taking part in a team relay. For the individual race the

children had to run approximately a mile. The team relay covers the same distance but each team mate runs approximately 300m. All schools were given a talk from the race organiser about the course and order of events. A short warm up session took place to prepare the children for the event.

The individual boy's race took place first, followed by the individual girl's race. All the children did extremely well, running to the best of their ability. The top boys included McArthur O (Yr 6), Eli G (Yr 6), Tobias G (Yr 6) and Roberto W-B (Yr6). The top girls included Shelby N (Yr 6), Jewel O (Yr 5), Briony H (Yr 6), Sharday H-P (Yr 6), Addison S (Yr 5) and Isla H (Yr 5) who all came in the top 10 overall.

The team relay then took place with the children deciding on what order they would run in. Our children all worked really hard in the team relays. The competition finished with results being announced and certificates being handed out.

Congratulations to everyone who placed and took part in the competition - it was not an easy day to run and everyone competed enthusiastically and showed great determination. Thank you to the 12 Young Leaders from Sir Harry Smith who encouraged the runners by joining them during the racing, photographed the event and placed the children as they crossed the line.

### **Sports Stacking Competition**

On Friday 9<sup>th</sup> February, 8 children from Year 6 took part in a Sports Stacking Competition at Neale Wade Academy. The children had been practicing both at home and during their lunchtimes perfecting their 3-3-3 and 3-6-3 stacks and also the cycle stack. The children also had to work in pairs and as part of a team. AJS came in the top 3 in all the events.

3-3-3 = 1<sup>st</sup> Lewis F 3.509s, 2<sup>nd</sup> Dylan P 3,519s 3<sup>rd</sup> McArthur 3,589s

3-6-3 = 3<sup>rd</sup> Dylan P 4.583s

Cycle = 1<sup>st</sup> Dylan P 13.190s, 2<sup>nd</sup> Jessica 15.608s

Team 3-3-3 = 2<sup>nd</sup> AJS 24.079s

Doubles 3-6-3 = 1<sup>st</sup> Jessica / Dylan 5.569s 2<sup>nd</sup> Raygan / Sharday 5.777s



## Year 5/6 Level 2 School Games Quick Sticks Hockey Tournament

On Friday 23<sup>rd</sup> February, AJS took two teams to the Level 2 School Games Quick Sticks Hockey Tournament. It was a cold morning but there was great enthusiasm and energy from teams from Kingsfield Primary School, Alderman Jacobs Primary School, New Road Primary School and Lionel Walden Primary School. After a fantastic opening ceremony where staff, leaders and children gave a brilliant performance of the opening ceremony dance, all teams played each other in a round robin competition.

### Team B - Quick Sticks Hockey



### Team A - Quick Sticks Hockey



## France Class trip to the Circus Skills Festival

On Friday 16<sup>th</sup> March, France class had the opportunity to go on a class trip to Neale Wade Academy. At the College the children took part in a Circus Skills Festival. During the morning the children were split into three groups and rotated around 6 different playground games activities. These included peacock feathers, flower sticks, juggling balls and scarves, diablo, ribbons and pedal boards. At each station two Year 9 Young Leaders took charge of the activity. All the children had a brilliant time learning new activities, being physically active and having fun.



## Year 4 Level 1 Bikeability

On Friday 9<sup>th</sup> February, 23 children from Year 4 took part in the Level 1 Bikeability Training. The training helped the children to control their bike in an off-road environment and develop balance and agility before they move on to developing on-road skills at Level 2 in year 5/6.

During Level 1 Bikeability training, the children worked towards the following outcomes:

- Fit your own helmet
- Carry out a simple bike check
- Get on your bike, start cycling, then stop and get off
- Ride your bike using the gears
- Make your bike go where you want it to, including moving around objects safely
- Control the bike with one hand
- Stop quickly if you need to
- Look all around you when you're riding, including behind, without wobbling.

All the children worked really hard and the Bikeability instructors said that they were a credit to AJS. Well done to those that took part.

## Sports Relief 2019



On Friday 23<sup>rd</sup> March, AJS raised money along with the rest of the country in aid of Sports Relief. The children came into school in sports clothing / football kits. The school sold the Sports Relief 2018 wrist bands and the

children took part in various sporting activities during the day. The children donated money and the staff held a staff room bake sale. As a school we raised over £500.

## Events taking place during the Spring Term



The children in Year 1 have really enjoyed taking part in the Tiny Tykes Football Programme during their curriculum time. Year 1/2 have the opportunity to take part in the after school club that runs on a Monday 3.15pm - 4.15pm. The children in EY's also have the opportunity to take part in the after school club that runs from 3.15pm - 4.15pm on a Thursday. The curriculum sessions are being funded through the Primary PE and Sports Premium Funding.



During the summer term Year 3 will be have the opportunity to have five workshops focusing on Being Active, Being Healthy. The workshops will cover healthy eating, carbohydrates, fats, fluids and dealing with emotions. All 3 classes will work on a rotation on a Thursday morning.



During the summer term sports coach's from the Witchford Sports Partnership will be working with Year 3 teaching tir-golf and with Year 6 supporting swimming.



**CHANCE TO SHINE**  
Spreading the power of cricket

During the summer term Year 4 will be working with a cricket coach, following the chance to shine project. They will learn about batting, bowling and fielding skills as well as playing small sided games.



#### School Games Competitions

Friday 27<sup>th</sup> April Year 4 Tennis at Neale Wade Academy

Friday 18<sup>th</sup> May Year 5/6 Quadkids Athletics at Neale Wade CC

#### Witchford Sports Partnership Competitions

Wednesday 23<sup>rd</sup> May Year 5/6 High Fives Netball at Cromwell Community College

Friday 27<sup>th</sup> April Year 3 Tri Golf at Neale Wade Academy

Friday 15<sup>th</sup> June Year 1 Get Active Festival at Sir Harry Smith

#### Whittlesey Schools Competitions

Friday 25<sup>th</sup> May Year 5/6 Cricket at Sir Harry Smith Community College

Friday 25<sup>th</sup> May Year 2 Cricket Festival at Sir Harry Smith Community College.

Friday 8<sup>th</sup> June Year 5/6 High Fives Netball at Sir Harry Smith Community.

#### Fenland Competitions

Wednesday 6<sup>th</sup> June Year 5/6 Kwik Cricket at March Cricket Club.