

# ALDERMAN JACOBS SCHOOL PE AND SCHOOL SPORTS NEWSLETTER APRIL 2019



## Spain Class trip to the Circus Skills Festival

On Friday 25<sup>th</sup> January, Spain class had the opportunity to go on a class trip to Neale Wade Academy. At the College the children took part in a Circus Skills Festival. During the morning the children were split into three groups and rotated around 6 different playground games activities. These included peacock feathers, flower sticks, juggling balls and scarves, diablo, ribbons and pedal boards. At each station two Year 9 Young Leaders took charge of the activity. All the children had a brilliant time learning new activities, being physically active and having fun.



## Bikeability Training - January 2019

During the week beginning 28<sup>th</sup> January 2019 twenty two year 6 children and twenty six year 5 children took part in bikeability training. This training is broken down into 2 levels. Level 1 involves the children demonstrating the skills and understanding to be able to make a trip and undertake activities in motor and traffic free environments. Level 2 involves the children

demonstrating the skills and understanding to be able to make a trip safely to school or for leisure purposes. Well done to all the children who were award their bikeability certificates.

### Year 4 Level 1 Bikeability

On Friday 1<sup>st</sup> February, thirty three children from Year 4 took part in the Level 1 Bikeability Training. The training helped the children to control their bike in an off-road environment and develop balance and agility before they move on to developing on-road skills at Level 2 in year 5/6.

During Level 1 Bikeability training, the children worked towards the following outcomes:

- Fit your own helmet
- Carry out a simple bike check
- Get on your bike, start cycling, then stop and get off
- Ride your bike using the gears
- Make your bike go where you want it to, including moving around objects safely
- Control the bike with one hand
- Stop quickly if you need to
- Look all around you when you're riding, including behind, without wobbling.

All the children worked really hard and the Bikeability instructors said that they were a credit to AJS. Well done to those that took part.



### Year 3 POSH taster football session.

On Wednesday 6<sup>th</sup> February the children in Year 3 took part in a POSH football training session. The session was delivered by Craig Hill the Community/Academy Coach and his assistant. The children took part in a variety of skill based activities with the football. These worked on their agility, balance, co-ordination and fitness. All the children had a brilliant time and learnt new skills that they can show their classroom teachers.





### **Year 5/6 Level 2 School Games Quick Sticks Hockey Tournament**

On Friday 8<sup>th</sup> February, AJS took two teams to the Level 2 School Games Quick Sticks Hockey Tournament. It was a cold morning but there was great enthusiasm and energy from all the teams. After a fantastic opening ceremony where staff, leaders and children gave a brilliant performance of the opening ceremony dance, all teams played each other in a round robin competition. The AJS B team battled hard throughout their matches gaining a mixture of results. The AJS A team came runners up in the School Games Qualifier Competition and will now go on to represent the Witchford Sports Partnership at the Level 3 School Games on Thursday 27<sup>th</sup> June. Well done to all that took part and thank you to Mr Brown and Miss Oldham for giving up their time to train the team after school.

#### **Team A - Quick Sticks Hockey**

Mason M, Leesa McG, Will H, Cody L, Courtney H and Bailey-Mae W

#### **Team B - Quick Sticks Hockey**

Addison S, Finnley K, Freya P-P, Joshua B, Archie B and Fyion R



### **Year 5/6 Whittlesey Schools Cross Country**

On Friday 2<sup>nd</sup> February, AJS took 40 children from Years 3/4/5/6 to a Cross Country Competition at Sir Harry Smith Community College. The Competition involved the children running an individual boy's or girl's event and taking part in a team relay. For the individual

race the children had to run approximately a mile. The team relay covers the same distance but each team mate runs approximately 300m. All schools were given a talk from the race organiser about the course and order of events. A short warm up session took place to prepare the children for the event.

The individual boy's race took place first, followed by the individual girl's race. All the children did extremely well, running to the best of their ability. The team relay then took place with the children deciding on what order they would run in. Our children all worked really hard in the team relays. The competition finished with results being announced and certificates being handed out. AJS came first overall in all events.

Congratulations to everyone who placed and took part in the competition - it was not an easy day to run and everyone competed enthusiastically and showed great determination. Thank you to the 12 Young Leaders from Sir Harry Smith who encouraged the runners by joining them during the racing, photographed the event and placed the children as they crossed the line.



### **Sports Stacking Competition**

On Friday 1<sup>st</sup> March, 8 children from Years 5/6 took part in a Sports Stacking Competition at Neale Wade Academy. The children had been practicing both at home and during their lunchtimes perfecting their 3-3-3 and 3-6-3 stacks and also the cycle stack. The children



also had to work in pairs and as part of a team for a relay event. The children all worked really hard under pressure and improved on their times at each event. Well done to Jack H, Adam S, Lizzie S, Rachel B, Connor A, Kyle S, Amelia M and Miley G-G.



### **Year 3/4 Whittlesey Schools Football Tournament**

On Friday 15<sup>th</sup> March AJS took two teams to a Year 3/4 Football Tournament at Sir Harry Smith Community College. The tournament was played in two pools on a round robin basis. The Year 3 team had a mixture of results which gave them a third place in their pool. The Year 4 team worked extremely well together passing the ball, creating space and scoring goals. They won all their matches in their pool and went on to play in the final and win the tournament overall. I was very impressed with the children's excellent sportsmanship and teamwork. Well done to all the players that took part you were a pleasure to take and excellent ambassadors for AJS.

#### **Year 4 Team**

Charlie H, Austin H, Jack W, Brandon W, Ethan B, Alfie S, Finley O, Ethan G



#### **Year 3 Team**

Finley P, Lorcan F, Harvey A, Alfie C, Ripley N, Jacob G, Harry W, Cody G



## Whittlesey Table Tennis Club

Children in Years 5/6 took part in a table tennis taster session led by Whittlesey table tennis coach Peter Hau. The children started by learning the different techniques of holding the bat they then performed some team relays with the bat and ball. The session finished with the children playing some rallies on a table and a mini tournament. The Whittlesey table tennis club is based at the Whittlesey Indoor Bowls and Sports Complex, Station Road, Whittlesey. Sessions run on a Thursday 6-9pm and a Friday 2-5pm. The cost per session is £2 for U18s and £3 for over 18s.



## Year 5/6 Fenland Netball Tournament

On Wednesday 23rd May AJS took two teams to the Fenland Netball Tournament. The teams were made up of Year 5 and Year 6 children. Sixteen schools from across the Fenland area took part in this tournament. The tournament was a round robin competition separated into four pools with each team playing each other once. Both teams worked really hard on their attack and defence, passing the ball down to the shooting circle. However, we found it hard to get the ball into the net. The children did an excellent job working in their teams. They kept their heads up even when losing and battled on right through to the end of the games. Well done to all that took part.

### **Team B**

Bailey-Mae W, Eden H, Luis S-H, Isla H  
Shalom R, Gaia H, Lily W

### **Team A**

Addison S, Leesa McG, Maddox I-E, Jewel C-O  
Freya P-P





## Events taking place during the Spring/Summer Term



The children in Year 1 have really enjoyed taking part in the Tiny Tykes Football Programme during their curriculum time. Mr Pickering will work with the Year 2 children during the summer term. Year 1/2 have the opportunity to take part in the after school club that runs on a Monday 3.15pm - 4.15pm. The children in EY's also have the opportunity to take part in the after school club that runs from 3.15pm - 4.15pm on a Thursday. The curriculum sessions are being funded through the Primary PE and Sports Premium Funding.



During the summer term Year 3 will have the opportunity to take part in five workshops focusing on Being Active, Being Healthy. The workshops will cover healthy eating, carbohydrates, fats, fluids and dealing with emotions. All 3 classes will work on a rotation on a Thursday morning.



During spring term two the sports coach from the Witchford Sports Partnership has been working with the Year 4 children on a block of tri-golf. During summer term one Mr Lester will be working with Year 3 teaching tennis.



### School Games Competitions

Friday 3<sup>rd</sup> May Year 4 Tennis at Neale Wade Academy  
Friday 22<sup>nd</sup> May Year 5/6 Quadkids Athletics at Neale Wade Academy

### Whittlesey Schools Competitions

Friday 21<sup>st</sup> June Girls Football Festival at Alderman Jacobs School  
Friday 5<sup>th</sup> July Year 5/6 Rounders Tournament at Sir Harry Smith



### Witchford Sports Partnership Competitions

Friday 3<sup>rd</sup> May Year 3 Tri Golf at Neale Wade Academy  
Friday 14<sup>th</sup> June Year 1 Get Active Festival at Sir Harry Smith

### Fenland Competitions

Wednesday 5<sup>th</sup> June Year 5/6 Kwik Cricket at March Cricket Club.