ALDERMAN JACOBS SCHOOL PE AND SCHOOL SPORTS NEWSLETTER DECEMBER 2022



<u>Year 6 Play Leaders</u>

During lunchtimes, the children in Year 6 were invited to volunteer as a Play Leader in order to enhance enjoyment and increase physical activity. There was a high demand for this and therefore the children had to fill out an application form saying why they would be suitable for the job. This resulted in 50 children being selected to take on this role. A rota was set up and the children spend 2 lunchtimes per week working with a specific Year Group setting up games activities on the playground and supporting the children when eating their lunch.

Sports Ambassador Training

On Friday 30th September the six Sports Ambassadors, Seren S-R, Rocco A-B, Rose R, India M-W, Jasmin B and Cedric P attended a training session hosted by Alderman Jacobs Primary School. The session started with an ice breaker task which involved the children finding out something about a partner from another school. The children then thought about what their role as a Sports Ambassador should look like and what jobs they might take on back at school. They also talked about taking on the role of playground leader and how it could be set up within their school setting. After a short break the children then took part in a practical session learning and teaching the rest of the group a playground game of their choice. They also had the opportunity to talk on the Fenland Youth Radio about the Sports Ambassador role. The morning finished with the children eating their lunch together. The ideas they have come up with will now be developed in school.



<u> Kenya Class - Get Active Festival</u>

On Friday 7th October, Kenya class were involved in a Get Active Festival that was hosted by Sir Harry Smith Community College. The festival involved the children rotating round 4 different activity stations. Each station looked at new skills and activities these included kwik cricket, rebound trampolines, stacking cups and healthy eating. The children all did an excellent job and had a great morning. Well done to all of Year 2 and the Year 6 Leaders.







Year 4 Level 1 Bikeability Training

On Friday 14th October, 38 children from Year 4 took part in the Level 1 Bikeability Training. The training helped the children to control their bike in an off-road environment and develop balance and agility before they move on to developing on-road skills at Level 2 in Year 5/6.

During Level 1 Bikeability training, the children worked towards the following outcomes:

- Fit your own helmet.
- Carry out a simple bike check.
- Get on your bike, start cycling, then stop and get off.

- Ride your bike using the gears.
- Make your bike go where you want it to, including moving around objects safely.
- Control the bike with one hand.
- Stop quickly if you need to.
- Look all around you when you're riding, including behind, without wobbling.

All the children worked really hard and the Bikeability instructors said that they were a credit to AJS. Well done to those that took part.









<u>Year 5/6 Level 2 - Bikeability Training</u>

During the week beginning 17th October forty-eight Year 5/6 children took part in the level 2 bikeabilty training. This training is broken down into 2 levels. Level 1 involves the children demonstrating the skills and understanding to be able to make a trip and undertake activities in motor and traffic free environments. Level 2 involves the children demonstrating the skills and understanding to school or for leisure purposes. Well done to all the children who were awarded their bikeability certificates.



Year 6 Whittlesey Schools Question of Sports Quiz

On Wednesday 2nd and 9th November, the Year 6 children took part in an inter school Question of Sport Quiz. In pairs the children answered questions on a variety of sporting activities including a picture round. The top four pairs received a certificate. These children then went on to represent AJS at the inter schools' competition. This took place at Alderman Jacobs Primary School on Friday 25th November. Well done to all the children that took part.





<u>Year 5/6 Fenland Tag Rugby Tournament</u>

On Friday 18th November two Year 5/6 Tag Rugby teams from Alderman Jacobs took part in the Fenland Tag Rugby Tournament. This was held at Cromwell Community College in Chatteris. Eight schools from across the Fenland area took part and played a round robin tournament. Both the A and B Team children worked really well as a team, encouraging each other and communicating when to pass the ball. The children played to the best of their ability throughout and showed excellent Sportsmanship. The A team came 1st out of 17 school winning the Tournament.

Well done to the following players;

Jacob U, Rafael P, Enola H, Eve R, I'maani C, Matthew W, Harvey P, Harry R, Justice H, Amir



Max S, Corbyn T, Colin B, Alfie G, Jaden L, Layla B-M, Justin P, India M-W, Gary C, Mason F



Year 4, 5 and 6 Whittlesey Table Tennis Tournament

On Friday 9th December 12 children represented AJS at the Whittlesey Table Tennis Tournament. The children competed in their year groups against children from Park Lane and New Road in a round robin tournament. The children worked really hard developing their skills throughout the morning. They encouraged each other and showed good sportsmanship.

Well done to the following children;

Jonah E, Jacob W, Isaac M, Tom R, Hollie P, Ollie B, Dylan H-L, Zak M, Cedric P, Enola H, Amir S and James B.

A special mention to Isaac M who came 1^{st} overall in the year 4 league and Ollie B who came 2^{nd} overall in the year 5 league.

<u>Year 6 Team</u>

<u>Year 5 Team</u>



<u>Year 4 Team</u>

Winning Trophy





Special Achievements

Eva J-N won 5 bronze medals at Club Champs for March Marlins and 1 bronze medal for the Autumn Meet gala at the Manor Leisure Centre.

Thea H has moved up her first swim level and is now on orange hats.

Jessica H has passed level 8 in ice skating and has passed skate UK - free skating bronze.

Isla R ~ Successfully trialled for Peterborough United Girls Under 11 Elite team.

ROXY B	ROBYN B	JASMIN B
1st place trophy- Peterborough Series	3rd place- WKO European	2nd place- WKO European
1st place- WKO European	Championships	Championships
Championships	2nd place- WKO European	3rd place- WKO European
2nd place- WKO European	Championships	Championships
Championships	2nd place- WKO European	3rd place- WKO European
3rd place- WKO European	Championships	Championships
Championships	2nd place- WMO European	3rd place- WMO European
1st place- WMO European	Championships	Championships
Championships	2nd place- WMO European	2nd place- Fight Night
1st Place- WMO European	Championships	2nd place- Peterborough
Championships	3rd place- Fight night	Series
2nd place- Fight Night	1st place- WKO British Championships	

1st place- WKO British Championships	2nd place- WKO British	
1st place- WKO British Championships	Championships	
2nd place- WKO British Championships	3rd place- WKO British Championships	
1st place- Peterborough Series	2nd place- Peterborough Series	
2nd place- Peterborough Series	2nd place- WKO World	
1st place- WKO World Championships	Championships	
2nd place- WKO World Championships	2nd place- WKO World	
2nd place- WKO World Championships	Championships	
3rd place- WKO World Championships	2nd place- WKO World	
Awarded green belt in Karate	Championships	
1st Place- WKO Grand Prix winner 2022	3rd place- WKO World Championships	
1st place- WKO Grand Prix winner 2022	Awarded green belt in Karate	



